



STUDENT-LED INDIVIDUAL EDUCATION PROGRAM (IEP) MEETING



A student-led IEP meeting is when the student gets to help plan and talk about their learning goals. This meeting is all about how they learn best and what help or support they need at school. In a student-led meeting, they get to speak up, share what they're good at, what's hard for them, and what helps them do their best. They might even help run the meeting!

BENEFITS OF A STUDENT-LED IEP MEETING

- ✓ Builds self-advocacy and self-determination skills.
- ✓ Increases engagement and motivation.
- ✓ Helps students understand their IEP better.
- ✓ Encourages positive collaboration between students, families, and educators.



IMPORTANT PARTS OF A STUDENT-LED IEP MEETING

1. **Student Involvement:** You get to share what you're good at, what's hard for you, what your goals are, and what helps you learn.
2. **Preparation:** Before the meeting, your teachers or special helpers will help you get ready so you know what to say and do.
3. **Participation:** At the IEP meeting, you might:
 - Say who is at the meeting
 - Talk about your goals and how you're doing
 - Share what helps you learn best
 - Help make new goals for school or the future
4. **Ownership:** This means taking charge of your learning and helping make choices that are right for you.

STUDENT-LED INDIVIDUAL EDUCATION PROGRAM (IEP) MEETING



DID YOU KNOW?

Student-led IEP meetings are most common in middle and high school, especially when transition planning begins at age 14.



SELF-ADVOCACY SKILLS LEAD TO SUCCESSFUL STUDENT-LED IEP MEETINGS

- Understand yourself and your disabilities.
- Know your strengths and needs.
- Understand that everyone learns differently.
- Learn how to ask for what you need
- Everyone's student-led IEP meeting will look different. Students should participate at the level they feel comfortable.

HOW TO BEGIN PARENTS CAN:

- **Talk to their child about their disability:** This will help build self-advocacy skills and teaches students that everyone has strengths and needs.
- **Begin teaching your child to make decisions:** Start with small choices like what to have for breakfast.
- **Talk to them about the IEP process:** Help them to become familiar with terms and prepare for meetings.
- **Teach independence skills:** Give your child opportunities to build these skills.

Helpful Resources

- [SPAN Parent Advocacy Network](#)
- [SPAN Youth in the Know](#)
- [I'm determined Student Led IEP](#)
- [Take Charge of Your Future](#)

Scan the QR code for more resources

