



IT'S YOUR LIFE! KNOW YOUR RIGHTS!

Transition Resources for Youth and Young Adults

It's your life, so you may want to know your rights and who to reach out to when you need information or help. Here's a list of some of the organizations that may have information that can assist you and your family to get services and understand your rights in education, work, community, independent living and healthcare.

SPAN is your one stop to information for the needs of families with children with ages birth to age 26, please call us at 973 642 8100 or : www.spanadvocacy.org You will find our Family transition guide <http://www.spanadvocacy.org/content/family-guide-to-transition-services-in-nj> and the SPAN Youth Empowerment page: <http://www.spanadvocacy.org/content/youth-know>

NJ Office of Special Education Transition page has many resources:
<https://www.nj.gov/education/specialed/transition/> 609 292 0147

DVRS: Supports and services for youth and young adults with disabilities seeking employment.
http://careerconnections.nj.gov/careerconnections/plan/foryou/disable/vocational_rehabilitation_services.shtml 609 292 9339

NJ department of human service Division of disability services (DDS) page for disability related **Services and Supports** <http://www.nj.gov/humanservices/dds/other/> 888 285 3036. DDS also has a directory of NJ resources to help people with many things, including health, housing, finances and more.
http://www.nj.gov/humanservices/dds/documents/RD_16%20PQ_Final0316.pdf

NJ Centers for Independent Living are organizations that provide information, referral, peer counseling, skills training, social opportunities and advocacy!

<http://www.state.nj.us/humanservices/dds/home/cntrindlivindex.html>

LEGAL RIGHTS

Education Law Center <http://www.edlawcenter.org/> 973-624-1815, **Disability Rights NJ** www.drnj.org 800 922 7233 , **Legal Services of NJ** <http://www.lsnj.org/legalservicesoffices.aspx> 888 576 5529, **Rutgers Legal Clinics** <https://law.rutgers.edu/legal-clinics> 973 353 5561 and the **Community Health Law Project:** <http://www.chlp.org/contact-us> 973 275-1175

NOTHING ABOUT US, WITHOUT US!

Resources and organizations created for young people, by young people!

KASA: For youth by youth- resources on everything from middle school to college, to work to civil rights and health advocacy: <http://fvkasa.org/resources/index.php>

National YOUTH MOVE: Advocacy!!!! <http://www.youthmovenational.org/>

I'm Determined: Self advocacy tools for your IEP and transition. <http://www.imdetermined.org/>

Youthhood: <http://www.youthhood.org/index.asp> Youth resources for many areas of transition.

NCWD YOUTH: Employment guide <http://www.ncwd-youth.info/by-youth-for-youth-employment>

GOING TO COLLEGE.ORG: <http://www.going-to-college.org/>

THINK COLLEGE: <https://thinkcollege.net/>

DREAM (Disability Rights, Education Activism, and Mentoring) <http://www.dreamcollegedisability.org/>

ARE YOU A TEEN WORKER? CDC guide for teens to know their rights and how to stay safe on the job. <https://www.cdc.gov/niosh/docs/2012-130/pdfs/2012-130.pdf>

National resources for youth and families:

GOT TRANSITION: Youth page: <http://www.gottransition.org/youthfamilies/index.cfm> and extensive resources, scroll page for entire list: <http://www.gottransition.org/resources/index.cfm>

Federal Partners in Transition (FPT): “*What to know about youth transition services for students and youth with disabilities*” guide book : <https://www2.ed.gov/about/offices/list/osers/transition/products/fpt-fact-sheet-transitionservices-swd-ywd-3-9-2016.pdf> FPT is a workgroup is comprised of several federal agencies, including the Department of Education, Health and Human Services, Labor, and the Social Security Administration, to promote inclusive for transitioning youth with disabilities from school into postsecondary education, the workforce, and independent living.

ASAN “*Accessing Home and Community-Based Services a Guide for Self-Advocates*”: <http://autisticadvocacy.org/wp-content/uploads/2014/11/Accessing-HCBS-Guide-v1.pdf> and “*Road Map to Transition*”: <http://autisticadvocacy.org/wp-content/uploads/2016/11/Roadmap-to-Transition-A-Handbook-for-Autistic-Youth-Transitioning-to-Adulthood.pdf>

National Center for Supported Decision Making: <http://supporteddecisionmaking.org/>

ADA.GOV: OCR office on Introduction to Americans with disabilities Act: <https://www.ada.gov/>

National Center for learning disabilities: <http://www.nclld.org/>

YOUTH.GOV- Office of Civil Rights (OCR): <http://youth.gov/federal-agencies/office-civil-rights>

Stop Bulling.gov: <https://www.stopbullying.gov/> **Corporation for National Community Service:** Pathway to Employment for Youth with Disabilities- <https://www.nationalservice.gov/about/pathway-to-employment>