Be Prepared

Most families do not expect to have a mental health crisis with their children, teens or young adults. It is easier for families to manage a crisis if they know which resources are available in advance.

If there is immediate danger to self or others -- call 911

Mobile Response MAY still refer to the Crisis Screening Center or even call 911, based upon their assessment of the situation

FOR CHILDREN UP TO AGE 21

PerformCare 24/7 (877) 652-7624  
www.performcarenj.org

Crisis Intervention: PerformCare provides mobile response to stabilize children with mental health issues and/or developmental disabilities. With parental consent, a mobile response team will go to the child’s location (home, school, etc.) to try to de-escalate the situation, if possible avoiding the emergency room, involvement with juvenile justice, etc.

Other Services: PerformCare has other services such as care management (intense needs), youth case management (less intense needs), and Family Support Organizations in each county.

Contact SPAN Warmline  
800-654-SPAN  
for Individual Assistance, Learning Opportunities, and Resources related to Children's Mental Health

Additional Resources

NJ Alliance of Family Support Organizations (find the FSO in each county)  
National Alliance on Mental Illness (NAMI) in each county (children/adults)  
Hopeful Parents - blog on mental health  
Crisis Assessment Response and Enhanced Services - for adults with both mental illness and developmental disability  888-393-3007

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