

PARENTS AS CHAMPIONS FOR HEALTHY SCHOOLS

UNDERSTANDING THE CDC WSCC MODEL TO BENEFIT THE PARENT VOICE

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The diagram illustrates the CDC WSCC Model. At the center is a green star with the words 'HEALTHY', 'SAFE', 'SUPPORTED', and 'THRIVED' around it. This star is surrounded by a circular ring divided into eight segments: Health Schools, Physical Practice & Physical Activity, Nutrition, Encouragement & Services, Health Services, Counseling, Psychological & Social Services, Physical Environment, and Social & Emotional Climate. The entire ring is labeled 'COMMUNITY' at the top and bottom. The background features a blue map of the United States and illustrations of a family and a school building.

Understanding the CDC WSCC Model

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Presentation overview

- ▶ 1: Understanding the WSCC Model
 - The CDC's WSCC Model recognizes the importance of collaboration among schools, communities, and families to ensure the holistic well-being of students.
 - Parents are not only an essential part of this framework but can serve as powerful advocates for health in schools.
- ▶ 2: Parents as Champions
 - Parents are uniquely positioned to champion health initiatives within schools.
 - Their advocacy, support, and involvement can make a significant impact on the overall health and well-being of students.
- ▶ 3: Promoting Healthy Behaviors
 - Parents can encourage healthy behaviors by modeling them at home and supporting school initiatives.
 - Healthy eating, physical activity, and good hygiene habits can all be reinforced by engaged parents.
- ▶ 6: Building Partnerships
 - Collaboration between parents, schools, and the community is key.
 - Parents can initiate and nurture partnerships that bring in resources, expertise, and support for various health initiatives.
- ▶ 7: Parent-Led Initiatives
 - Parents can lead or support initiatives such as health fairs, wellness programs, and parent-teacher organizations to enhance the school's health-promoting efforts.
- ▶ 8: Measuring Impact
 - Tracking the impact of parental involvement is essential.
 - Data can highlight the positive outcomes resulting from parents championing healthy schools.

What is the CDC WSSC Model?

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- The CDC WSSC Model is a comprehensive framework for parent engagement developed by the Centers for Disease Control and Prevention (CDC).
- It is designed to help parents and caregivers make informed decisions about their children's health and well-being.
- The Model is a comprehensive approach to education that focuses on collaboration between parents, schools, and the community.
- It is based on the idea that all stakeholders should work together to ensure the success of students

What is the WSSC model?
The Whole School, Whole Community, Whole Child (WSCC) model is a CDC framework for addressing health in schools. The WSSC model is student-centered and emphasizes the role of the community in supporting the school, the connection between health and academic achievement and the importance of evidence-based school policies and practices. The WSSC model has 10 components:

1. Physical education and physical activity.
2. Nutrition environment and services.
3. Health education.
4. Social and emotional climate.
5. Physical environment.
6. Health services.
7. Counseling, psychological and social services.
8. Employee wellness.
9. Community involvement.
10. Family engagement.

Learn more about each of the [10 components](#)

Whole School, Whole Community, Whole Child (WSCC) Model

Benefits of the CDC WSSC Model

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- The CDC WSSC Model provides parents with the tools and resources they need to make informed decisions about their children's health and well-being.
- It also helps parents to understand the importance of engaging in their children's health care decisions and to become more involved in their children's health care.
- The model also provides parents with the opportunity to become more involved in their children's health care by providing them with the resources and support they need to make informed decisions.

Proven Effects of Parental Involvement in Schools


- Students whose parents are highly involved in their child's life average about 1.5x of a standard deviation in overall educational outcomes.
- Family participation in education is linked to positive effects on students' academic success in mathematics and science.
- Students with highly involved parents use resources better, gain in reading and math.
- Students of involved parents have fewer behavioral problems.
- Older students are less likely to drop out of school when their parents remain involved.
- Students whose parents know about higher-level programs, like AP classes, are likely to be in them.

The Benefits of the CDC WSSC Model


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- The CC-WSSC Model provides a positive learning environment for students by encouraging collaboration between parents, schools, and the community.
- It also helps to create a sense of ownership and responsibility among all stakeholders, which can lead to improved student outcomes.

How to Implement the CDC WSCC Model



- In order to successfully implement the CC WSCC Model, it is important to engage all stakeholders.
- This includes parents, teachers, administrators, and community members. It is also important to ensure that everyone is on the same page and working towards the same goals.



Parents can be champions for healthy schools by advocating for the CDC WSCC Model.

They can work with teachers and administrators to ensure that the model is implemented in their school. Parents can also help to create a culture of health and wellness in their school by encouraging their children to be physically active, eat healthy foods, and practice good mental health habits.





Benefits of the WSCC Model



- WSCC Model has been shown to have a positive impact on student health and well-being.
- It has been linked to improved academic performance, increased physical activity, and improved nutrition.
- The model also promotes social and emotional learning, which can help students develop the skills they need to succeed in school and in life.






The CDC's WSSC Model recognizes the importance of collaboration among schools, communities, and families to ensure the holistic well-being of students.



National Standards for Family-School Partnerships

Welcoming All Families STANDARD 1	Communicating Effectively STANDARD 2	Supporting Student Success STANDARD 3
Speaking Up for Every Child STANDARD 4	Sharing Power STANDARD 5	Collaborating with Community STANDARD 6





Parents as Champions for Healthy Schools


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How Can Parents Champion Healthy Schools?


- Parents can champion healthy schools by:
 - Volunteering in the classroom
 - Attending school events
 - Participating in school decision-making
 - Supporting school policies and initiatives



Schools



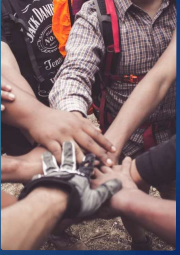
- Schools are responsible for creating a positive learning environment for students and providing them with the necessary resources to succeed. Schools must also work with families and communities to ensure that students have the support they need to reach their full potential.
- Schools play an important role in the WSCC model by creating a safe and healthy environment for students and staff.
- Schools can implement policies and procedures to ensure the safety of students and staff.
- Schools can also provide resources and support to help students and staff make healthy choices.
- Schools should also be willing to work with parents and the community to ensure student success.




Communities and Families




- Communities and families are essential partners in the WSCC model.
- Communities and families can provide support and resources to help students and staff make healthy choices.
- Communities and families can also help to create a safe and healthy environment for students and staff.
- Families are responsible for providing a supportive home environment for students and providing them with the necessary resources to succeed.
- Families must also work with schools and communities to ensure that students have the support they need to reach their full potential.



The Role of the Community



- The community plays an important role in the CC-WSCC Model. They are responsible for providing support and resources to students and their families.
- The community should also be involved in the decision-making process and be willing to work with the school and parents to ensure student success.



Parents as Champions




- Parents can be champions for healthy schools by advocating for the CDC WSCC Model.
- They can work with teachers and administrators to ensure that the model is implemented in their school.
- Parents can also help to create a culture of health and wellness in their school by encouraging their children to be physically active, eat healthy foods, and practice good mental health habits.






Parents are uniquely positioned to champion School Health and initiatives within schools





Why Parents?


- Parents are the primary role models for their children
- Parents have the most influence on their children's health, Education and well-being
- Parents are the most invested in their children's success



SPAN
Parent Advocacy Network

The Role of Parents of By way of the WSCC Model

- Parents play an important role in the WSCC Model.
- They are the champions for healthy schools and are responsible for advocating for their children's health and well-being.
- Parents can help create a safe and healthy learning environment by participating in school activities, attending meetings, and providing feedback to school administrators



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How Can Schools Support Parents?

- Provide resources and information
- Encourage parent-teacher communication
- Involve parents in school health initiatives
- Create a supportive environment for parents



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Supporting School Initiatives

- Attend school events and activities
- Volunteer in the classroom or school
- Participate in school-wide initiatives
- Encourage your child to participate in school activities






When parents are actively involved in their children's education, the benefits extend beyond the student:

- Schools become more welcoming and supportive environments
- Teachers are better able to meet the needs of their students
- Parents become more engaged in their children's education

Role of Parents in a Child's Education





WSCC Parents: Encouraging Healthy Behaviors


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Encouraging Healthy Habits

- Start early - introduce healthy habits at a young age
- Make it fun - find activities that your child enjoys
- Set goals - create achievable goals for your child to strive for
- Be positive - praise your child for their efforts
- Be a role model - demonstrate healthy behaviors in front of your children
- Encourage physical activity - take walks, play sports, etc.
- Encourage healthy eating habits - limit junk food, provide healthy snacks, etc.
- Encourage healthy sleep habits - establish a regular bedtime routine





What Can Parents Do?


- Encourage healthy eating habits
- Promote physical activity
- Support school health initiatives
- Advocate for health education






Healthy Eating


- Encourage healthy eating habits
- Provide nutritious meals and snacks
- Limit sugary and processed foods
- Teach kids to make healthy food choices






Physical Activity

- Encourage physical activity
- Provide opportunities for physical activity
- Limit sedentary activities
- Teach kids to make healthy activity choices





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Good Hygiene Habits


- Encourage good hygiene habits
- Teach kids proper handwashing techniques
- Teach kids to brush their teeth twice a day
- Teach kids to shower regularly






Modeling Healthy Behaviors at Home

- Lead by example - demonstrate healthy behaviors in front of your children
- Encourage physical activity - take walks, play sports, etc.
- Encourage healthy eating habits - limit junk food, provide healthy snacks, etc.
- Encourage healthy sleep habits - establish a regular bedtime routine





CDC WSCC Model: Parent Voice Measuring Impact

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WSCC Model Measuring the Parent Voice

-The CDC WSCC Model is a framework for understanding the impact of parent voice on child health and development.

-The CDC WSCC Model is designed to help organizations Schools and communities understand how to use parent voice to improve child health and development outcomes.

The diagram illustrates the WSCC Model. At the top, two overlapping circles represent 'Parent Voice' (blue) and 'Parent Presence' (yellow). An arrow points from the intersection of these circles down to a central box labeled 'Parent Engagement'. This box is divided into four quadrants: 'Active Deliberate' (red), 'Communal Personal' (green), 'Develops Over Time' (purple), and 'Culturally Sensitive' (teal). The SPAN logo is in the top right corner.

Why Measure Impact?

-Measuring the impact of parent voice is essential for understanding how it can be used to improve child educational, health and development outcomes.

-Measuring impact helps Schools organizations and communities understand the effectiveness of their efforts and identify areas for improvement.

-It also provides evidence to support the need for change and can be used to inform policy decisions.

The image shows a laptop screen with a data visualization consisting of a bar chart and a pie chart. The SPAN logo is in the top right corner.

How to Measure Impact

-There are a variety of tools and methods that can be used to measure the impact of parent voice.

-These include surveys, interviews, focus groups, and observation.

-It is important to use the right tools to ensure that the data collected is accurate and reliable.


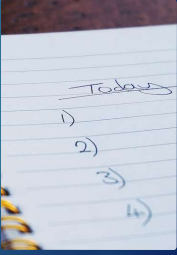
The graphic features the text 'MEASURING your IMPACT' in bold, black letters. To the right of the text is a yellow measuring tape with black markings. The SPAN logo is in the top right corner.

What to Measure

When measuring the impact of parent voice, it is important to identify key indicators that can be used to assess progress.

These indicators should be specific to the organization or community and should reflect the goals and objectives of the initiative.

Examples of indicators include changes in parent engagement, changes in child health and development outcomes, and changes in policy or practice.






Benefits of Measuring Impact

Measuring the impact of parent voice can help organizations and communities understand how to use it to improve child health and development outcomes.


It can also provide evidence to support the need for change and can be used to inform policy decisions.

By measuring the impact of parent voice, organizations, schools and communities can unlock its power to create positive change.

**CDC WSCC Model:
Parent Voice
Measuring Impact
School Involvement**

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What is Parent Voice Measuring Impact?



- Parent Voice Measuring Impact is used to measure the impact of parent involvement in school success.
- It help schools understand the importance of engaging parents in their children's education.
- Schools identify areas where parent involvement can be improved and provides strategies for increasing parent engagement.




Parent Voice Measuring Impact




- Measuring the impact of the Parent Voice can be used to measure the impact of parent involvement in school success.
- It can be used to identify areas where parent involvement can be improved and to develop strategies for increasing parent engagement.
- It can also be used to measure the impact of parent involvement on student achievement and to track progress over time.



**WSCC Model Data:
Positive Outcomes from
Parents Championing
Healthy Schools**



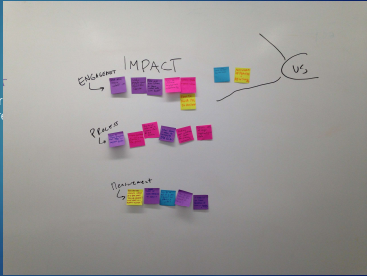
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Data Highlights Positive Outcomes

• Data from the WSCC Model shows that when parents are actively involved in their children's education, the students are more likely to:

- Achieve higher grades
- Have better attendance
- Have fewer discipline issues
- Have higher self-esteem



The whiteboard features the word 'IMPACT' at the top, with 'Education' written to its left. Below 'IMPACT', there are several sticky notes in various colors (purple, pink, yellow, blue) arranged in a grid. To the right of the sticky notes is a simple line drawing of a person with their arms raised in a 'V' shape, with the letters 'VS' written next to it.

The Impact of Parental Involvement

• The impact of parental involvement is far-reaching:

- Students are more likely to graduate from high school
- Students are more likely to attend college
- Students are more likely to have successful careers

• When parents are actively involved in their children's education, the benefits extend beyond the student:

- Schools become more welcoming and supportive environments
- Teachers are better able to meet the needs of their students
- Parents become more engaged in their children's education



The diagram consists of three circles. On the left, a red circle contains the text 'Parental involvement'. Below it, another red circle contains 'School involvement'. A yellow plus sign is between these two circles, and a yellow arrow points from the combined area towards a blue circle on the right that contains the text 'Student success'.

Conclusion

• The data from the WSCC Model highlights the positive outcomes that can result from parents championing healthy schools.

• By being actively involved in their children's education, parents can make a difference in their children's lives and create a brighter future for them.

• When parents are actively involved in their children's education, the benefits extend beyond the student:

- Schools become more welcoming and supportive environments
- Teachers are better able to meet the needs of their students
- Parents become more engaged in their children's education



The circular diagram has a central green star with the words 'SCHOOL', 'COMMUNITY', and 'FAMILY' around it. The star is surrounded by a ring of text: 'Healthy Schools & Communities', 'Supportive Environments', 'Engaged Parents', 'Quality Instruction', 'Safe Schools', 'Effective Leadership', 'Equitable Access', and 'Community Support'. The entire diagram is set against a blue background with a yellow border.